



Key Findings Preview

2022 Weld County Community Health Assessment Survey

Weld County Department of Public Health and Environment

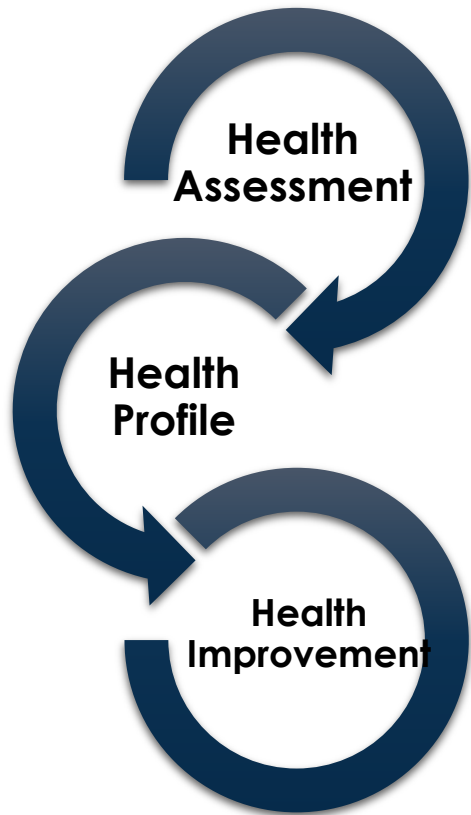




Survey Overview

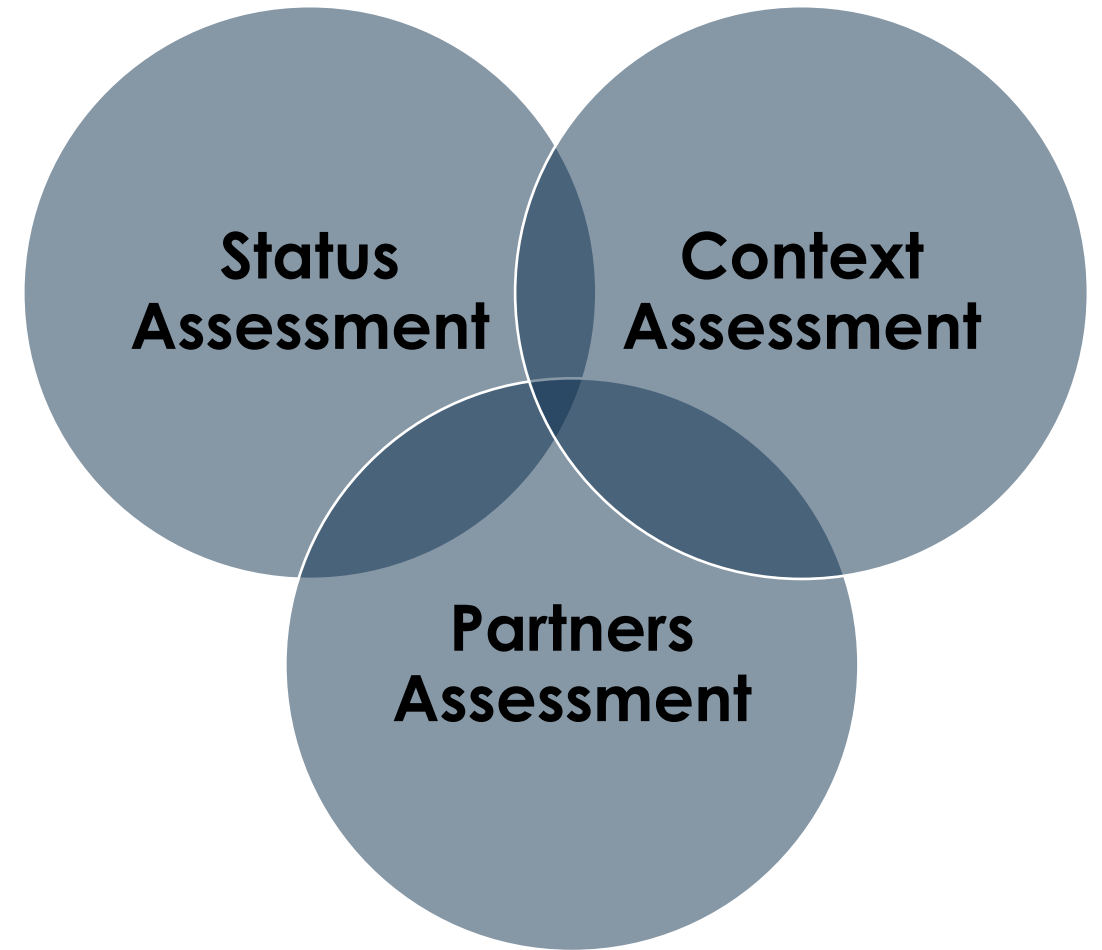


What is a Community Health Assessment (CHA)?



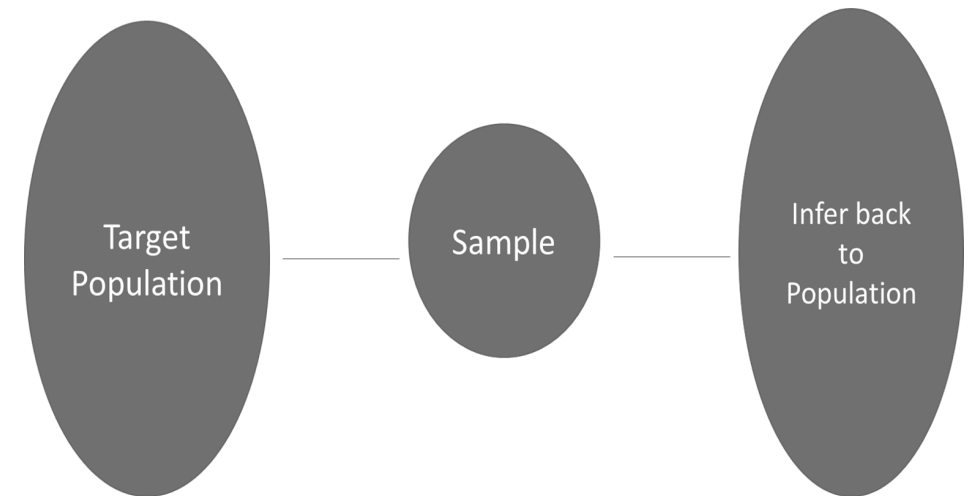
- Provides **foundation** to improve the health of a population
- Tells the **community story**
- Identifies **health disparities** among different subpopulations and the factors that contribute to them
- **Supports the community's efforts** to achieve health equity
- Data obtained from a **variety of sources** using various data collection methods

Comprehensive
**community
health
assessment**
involves all three
areas

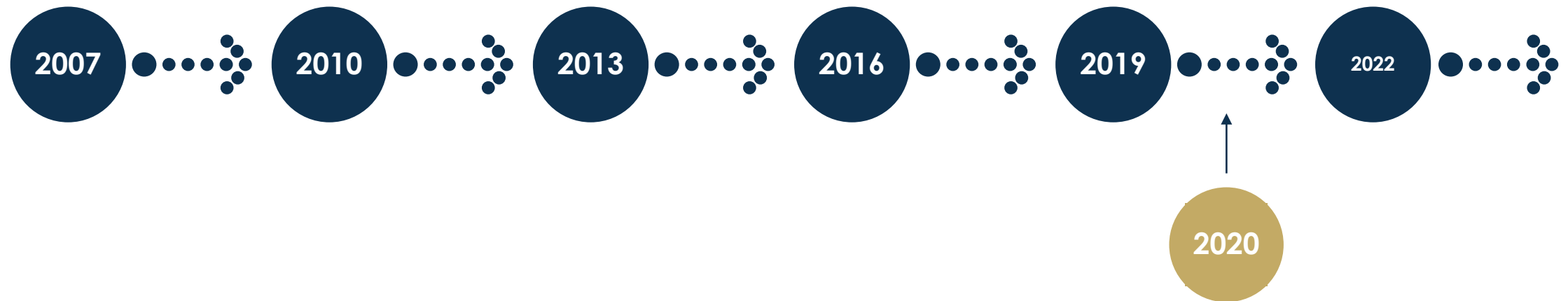


Status Assessment - Weld's Survey

- Tailored responsive mail-based design
- Fielded May – August 2022
- Randomly selected households
- One **adult** per household
- Repeated mailing waves
- English and Spanish
- Online and paper
- Data weighted to match county population



Since 2007, about **15,000** residents have participated in our triennial surveys



All Years - Full Mail Design, Multi-mode

COVID-19
Supplemental
Survey

To view survey questions, go here:

<https://www.weldgov.com/Government/Departments/Health-and-Environment/Data-and-Reports/Community-Health-Surveys>

Questionnaire Covers These Areas & More

Social Determinants of Health

Education



Education
Access and
Quality



Health Care
Access and
Quality



ED visits
Preventive screenings
Usual source of care
Barriers to care
Health insurance



Poverty
Employment
Food insecurity



Economic
Stability



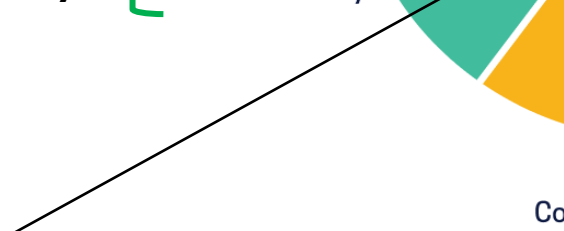
Neighborhood
and Built
Environment



Housing stability
Active transportation
Asthma



Eating habits
Activity levels
Drug and alcohol use
Smoking and cannabis use
Mental health

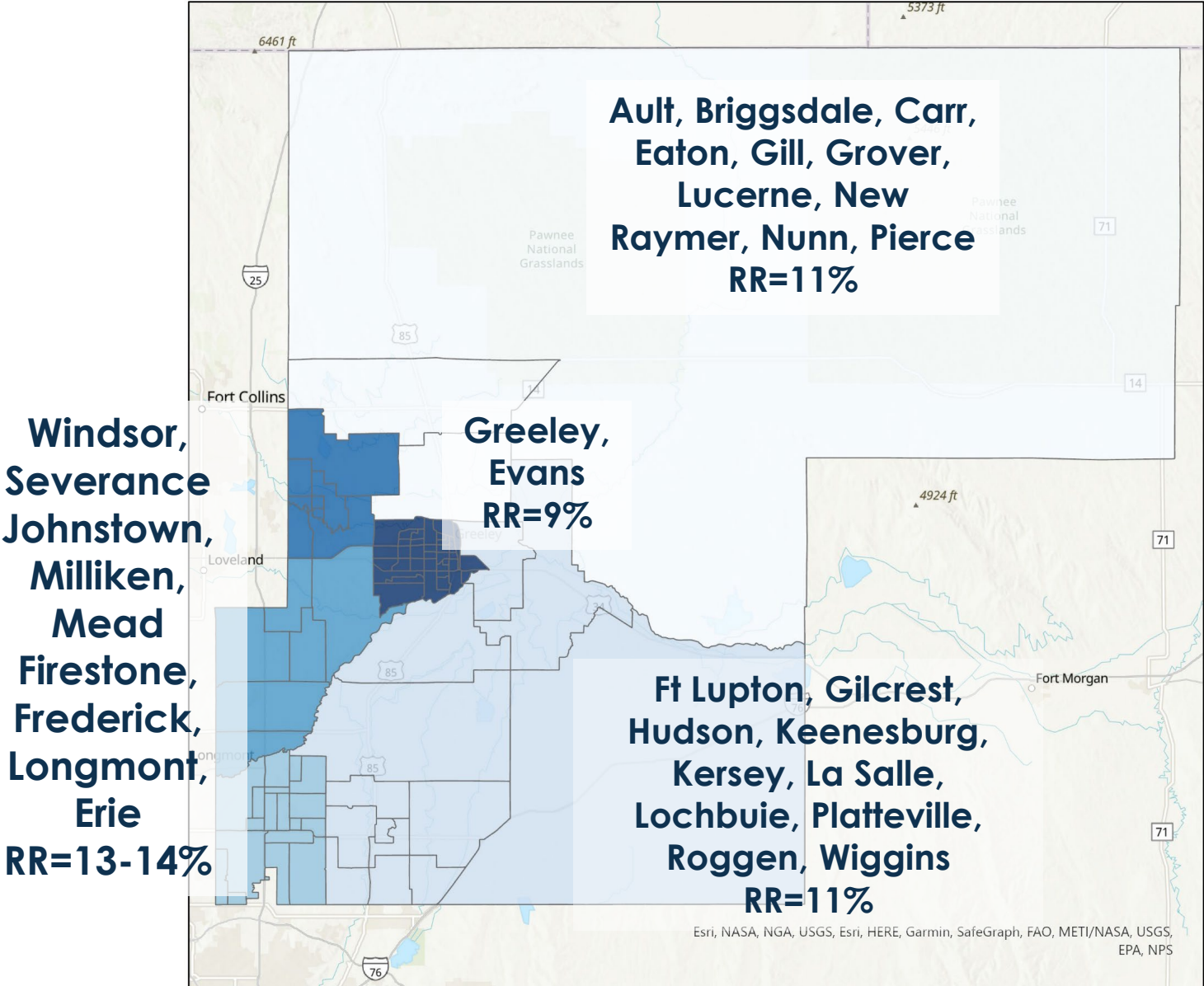


Social and
Community Context



Social Determinants of Health
Copyright-free

2022 Overall Response Rate: 11%



Over 1,800 usable survey responses



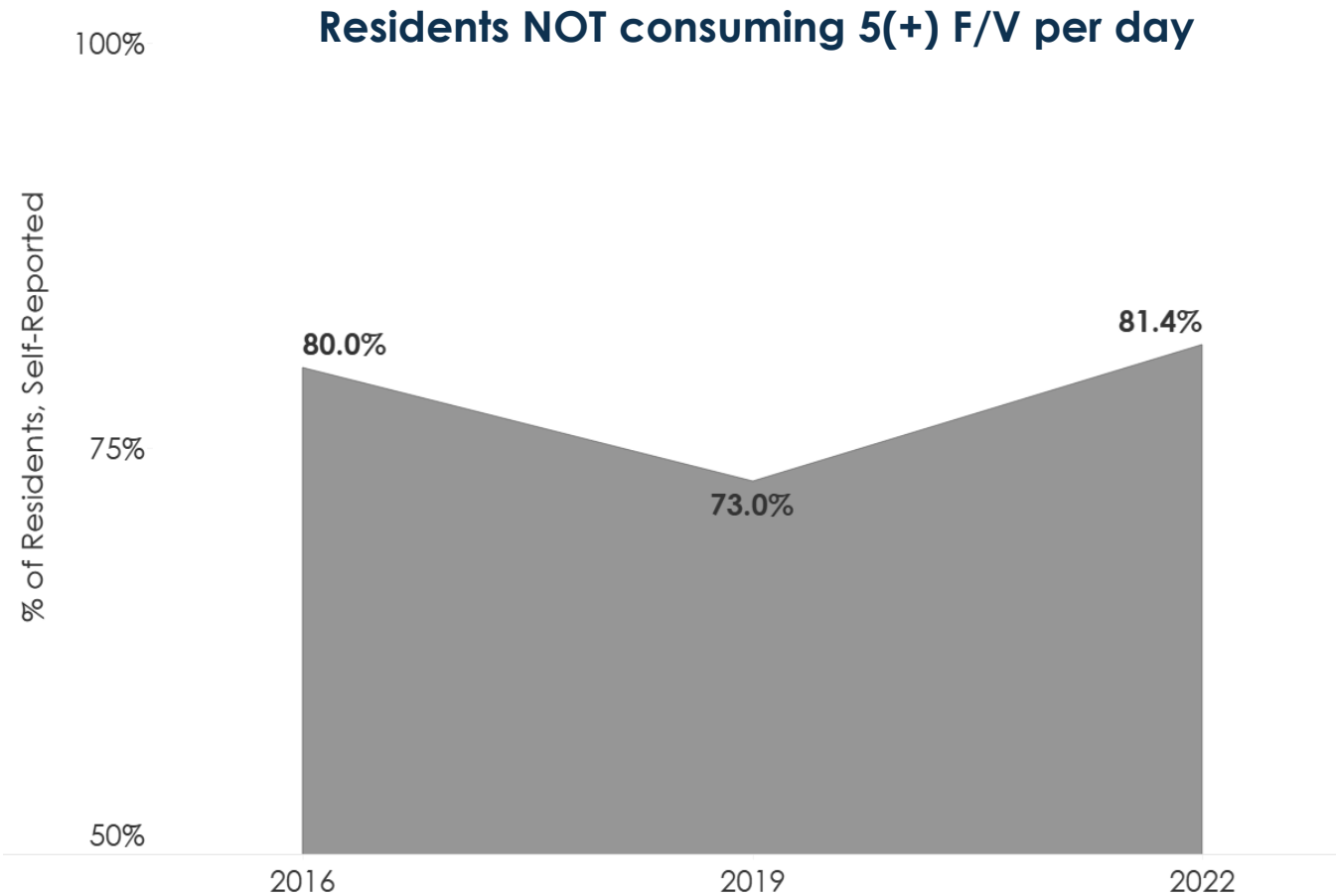
Key Data Findings Preview



Healthy Eating & Active Living

Fruit/Vegetable Intake, Physical Activity, Built Environment

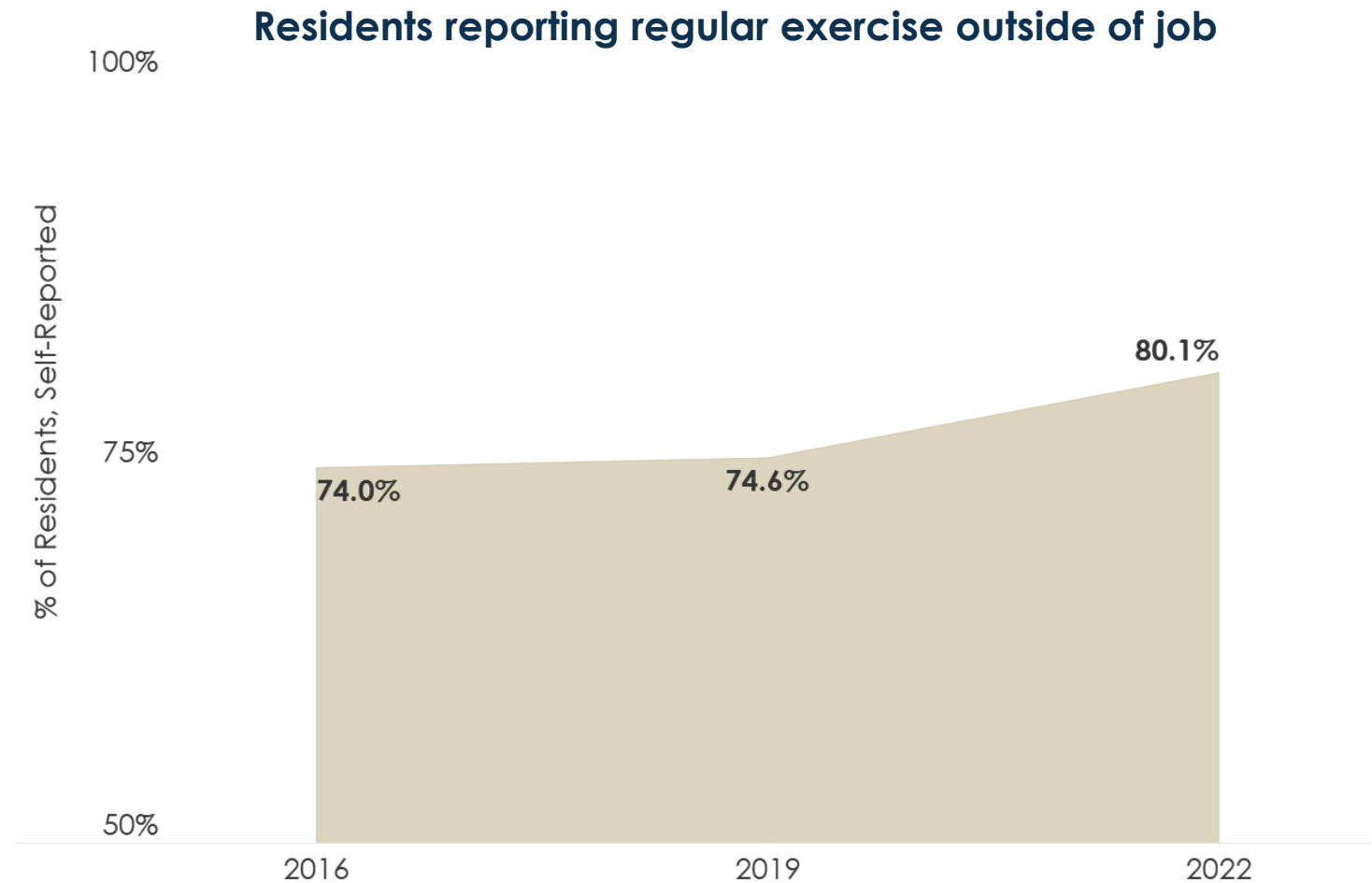
More than **80%** of adult residents reported they did NOT eat the recommended number of fruit/vegetable servings per day



However, **over 90%** of residents reported they ate at least one serving of vegetables per day and **over 80%** reported they ate at least one serving of fruit per day

Over **4 in 5** adults reported they participated in regular exercise outside their job in the past 30 days (**80.1%**)

Also, over **30%** of residents reported being physically active for five or more days per week for 30-minutes or more



Over **1 in 3** residents reported they were concerned that there aren't enough sidewalks or trails to walk or bike in their community (34%)



The percent of residents who agreed it was easy to walk in their community **decreased by 10%** since 2019

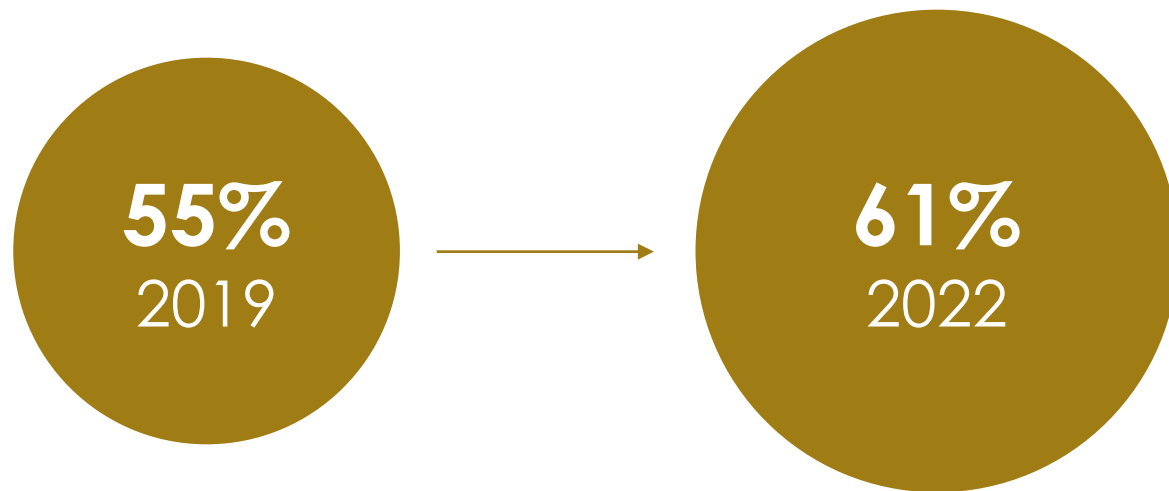
Also, the percent of residents who agreed it is easy to get many places they need to go by walking or biking **decreased by 20%** since 2019



Healthy Mind and Spirit

Behavioral Health & Frequent Mental Health Distress

More residents who reported they needed behavioral health care actually sought treatment



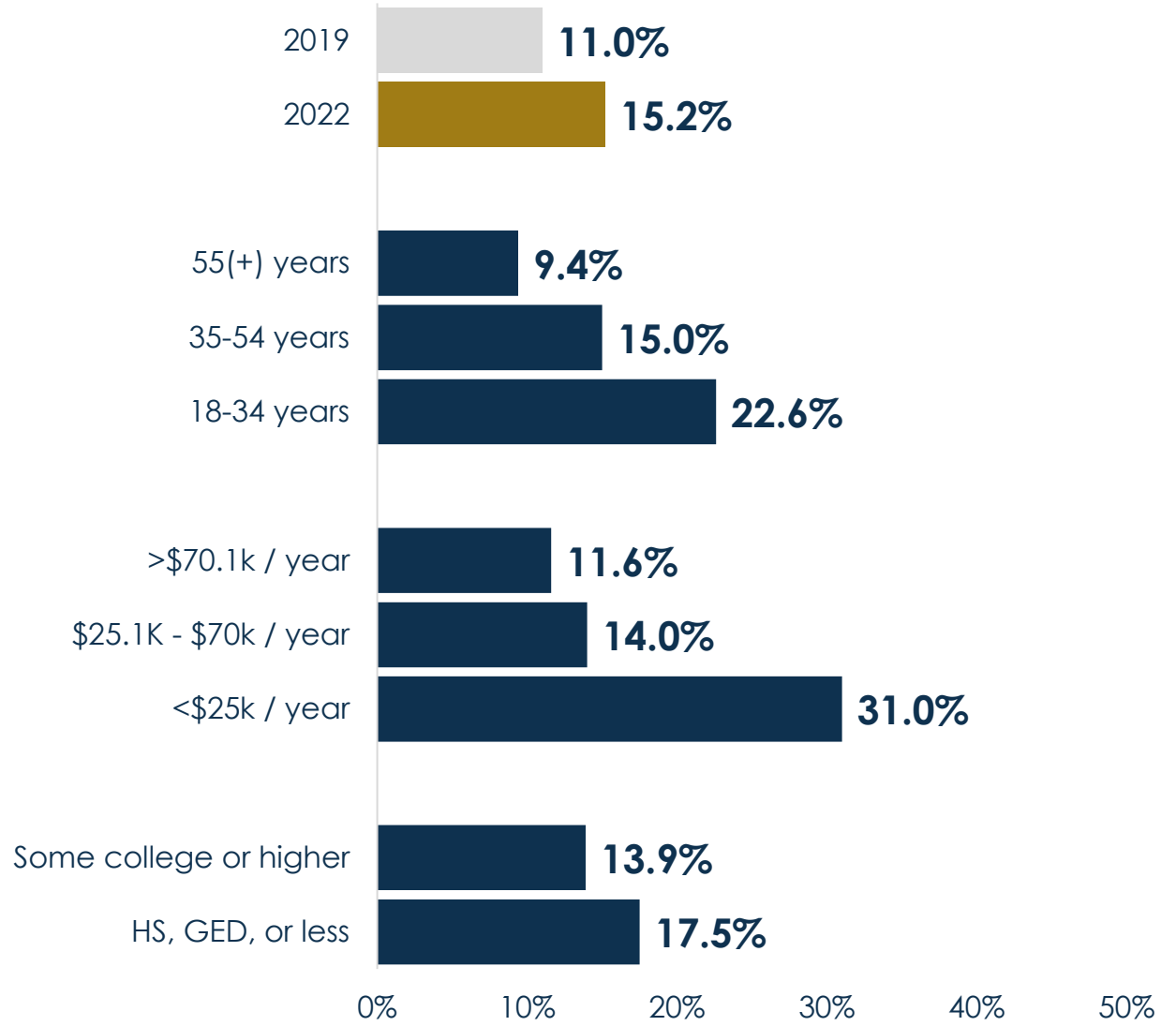
Thought they needed care
AND sought treatment

28.8% of adults reported they thought they needed mental health care or counseling in the past 12 months

Of those who said they needed mental health care, the percent who sought help **increased** from **55%** in 2019 to **61%** in 2022

Over 1 in 7 residents (15.2%) reported they had frequent mental health distress

If a resident reported they had 14 or more bad mental health days in the last 30 days → **frequent mental health distress**



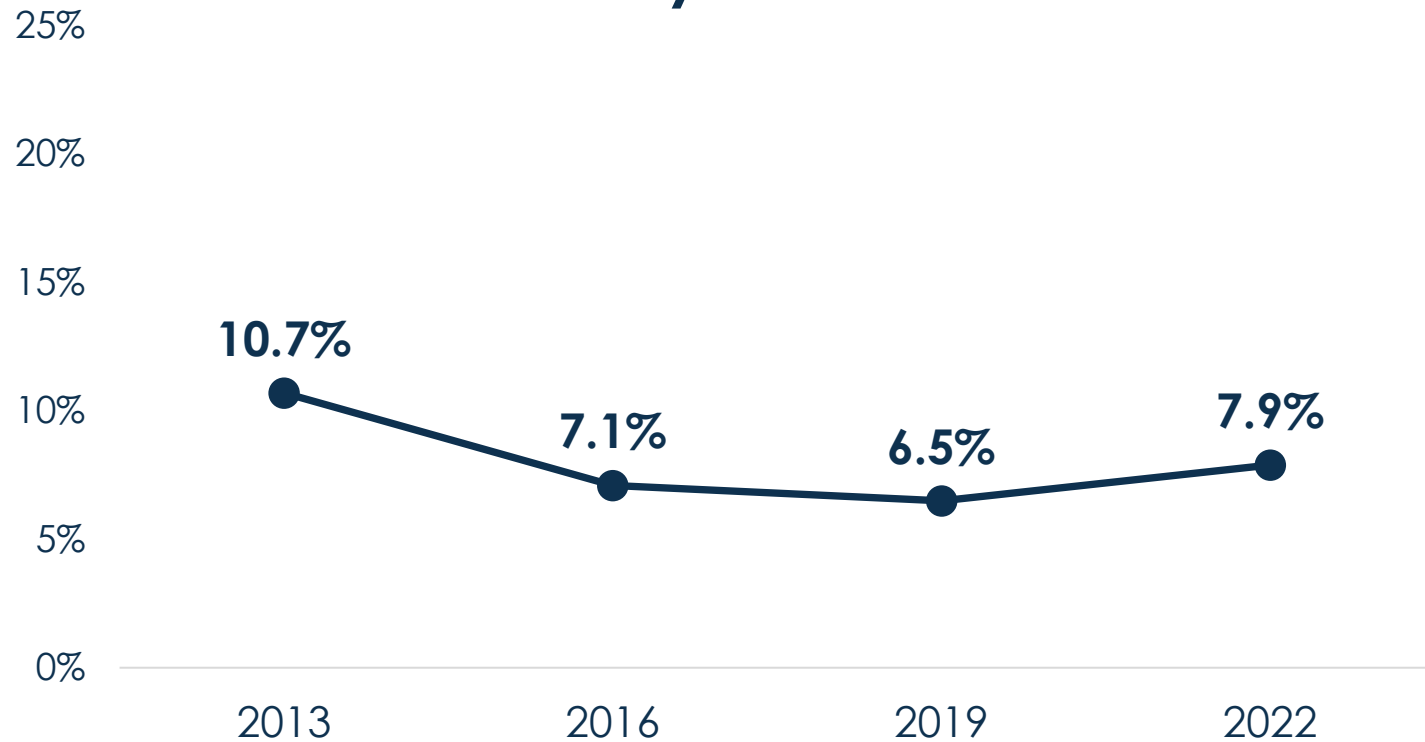


Healthcare Access

Insurance, Delayed Care, Worry/Stress about Access to Care

Countywide, **7.9%** of adult residents said they did not have health insurance of any kind

Weld County Uninsured Rate

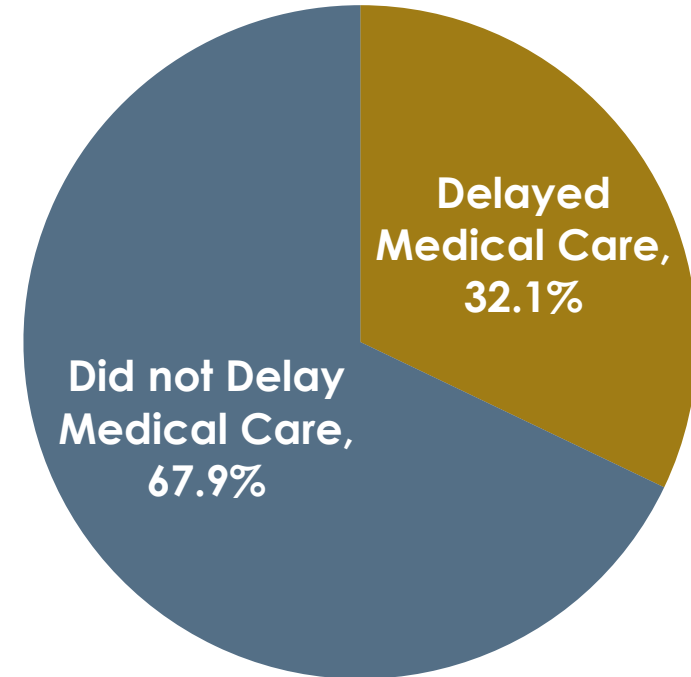


The uninsured rate was **significantly higher** for:

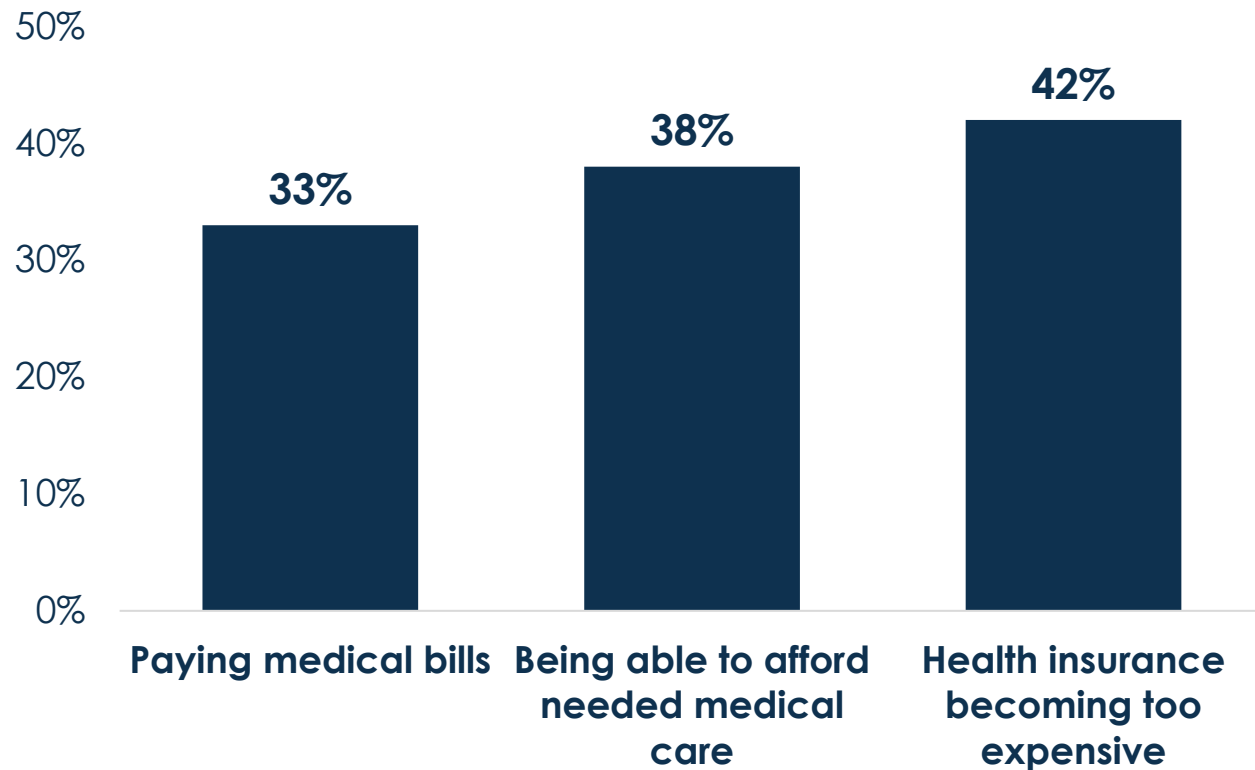
- 18-34-year-olds (10.7%)
- Hispanic/Latino/a residents of any race (23.4%)
- Those with less than a HS diploma/GED (26.7%)

Nearly **1 in 3** residents said that they delayed or went without needed health care in the past year

- The percent delaying health care was **significantly higher** among:
 - 18-34-year-olds (43.3%)
 - Residents with household incomes less than \$70,001 (39.0%)
 - Uninsured residents (50.2%)



Residents are worried or stressed about medical care access and cost

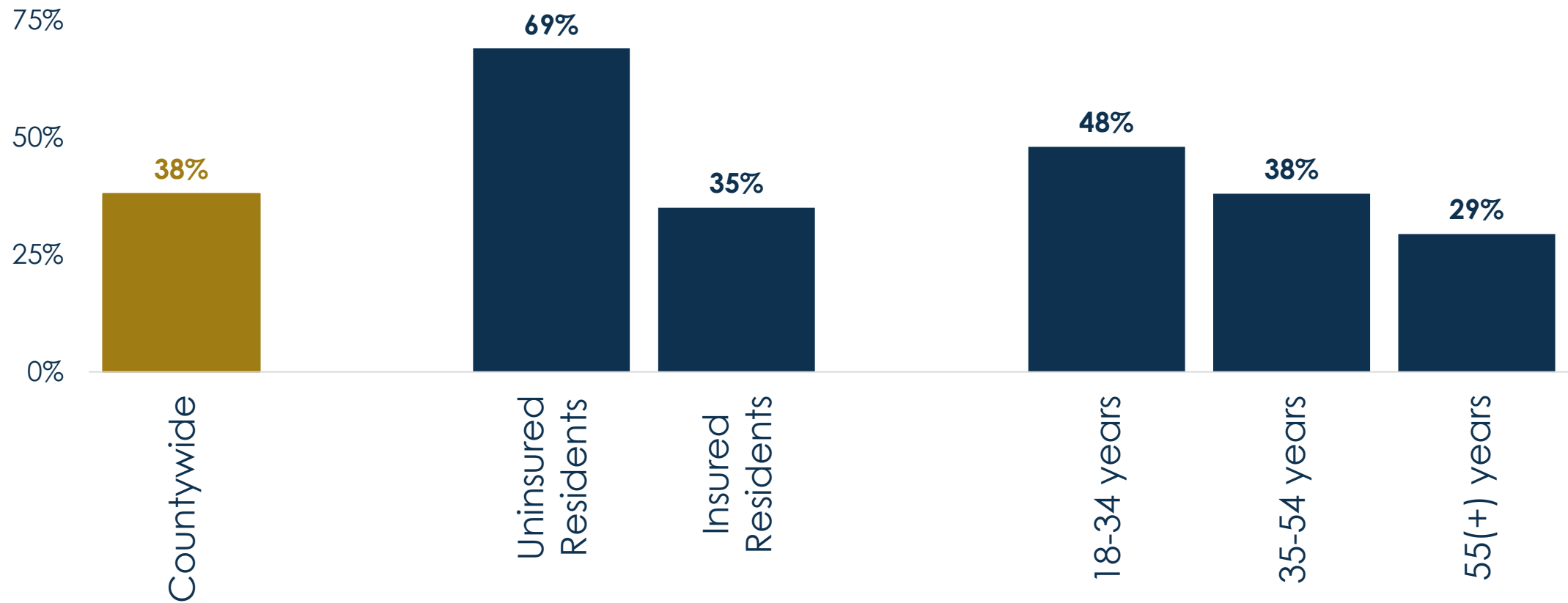


Over 1 in 3 adults were worried about paying for medical bills

Nearly 2 in 5 adults were worried about being able to afford needed medical care

Over 2 in 5 adults were worried about health insurance becoming too expensive

A higher percentage of **uninsured & younger residents** were worried about affording care

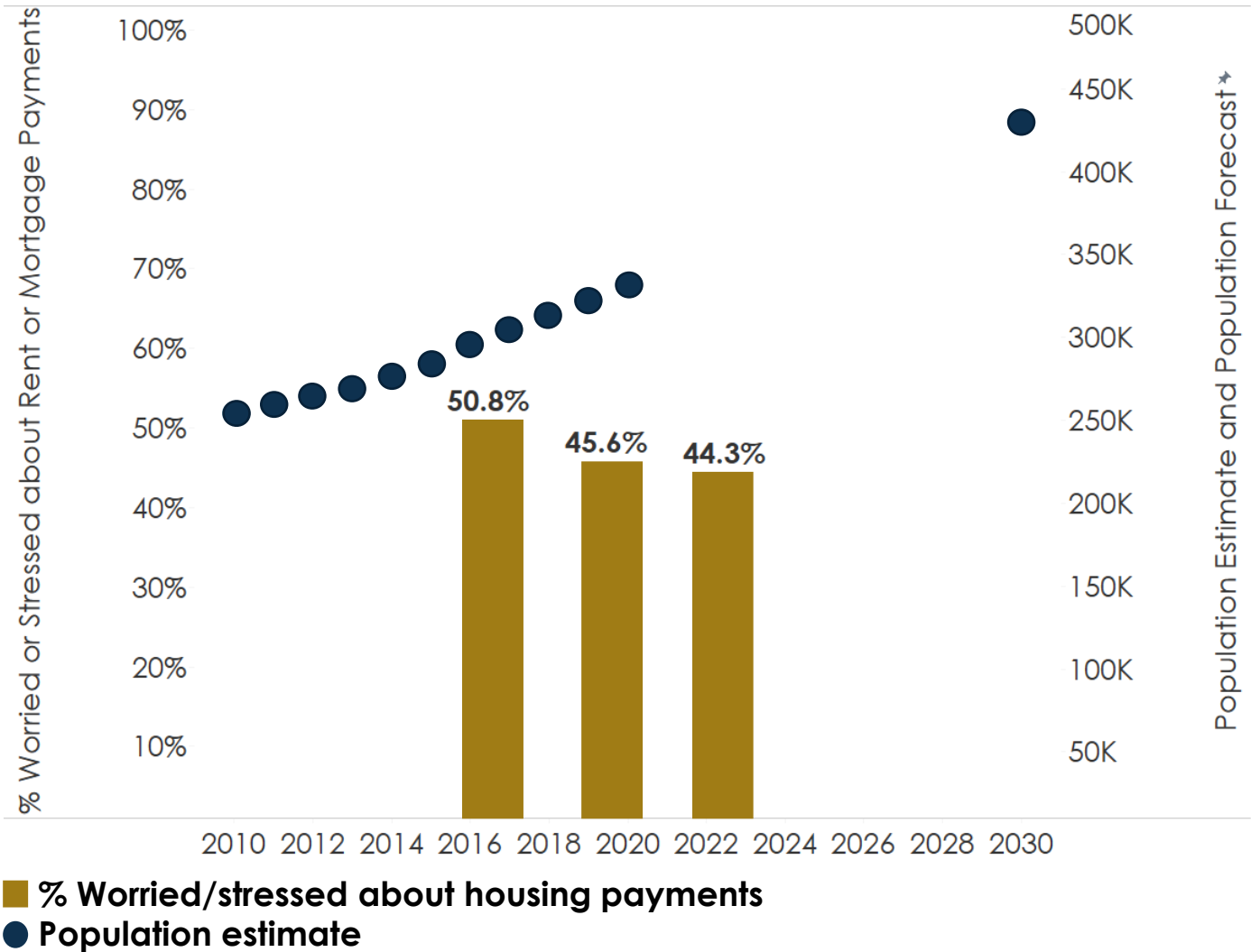




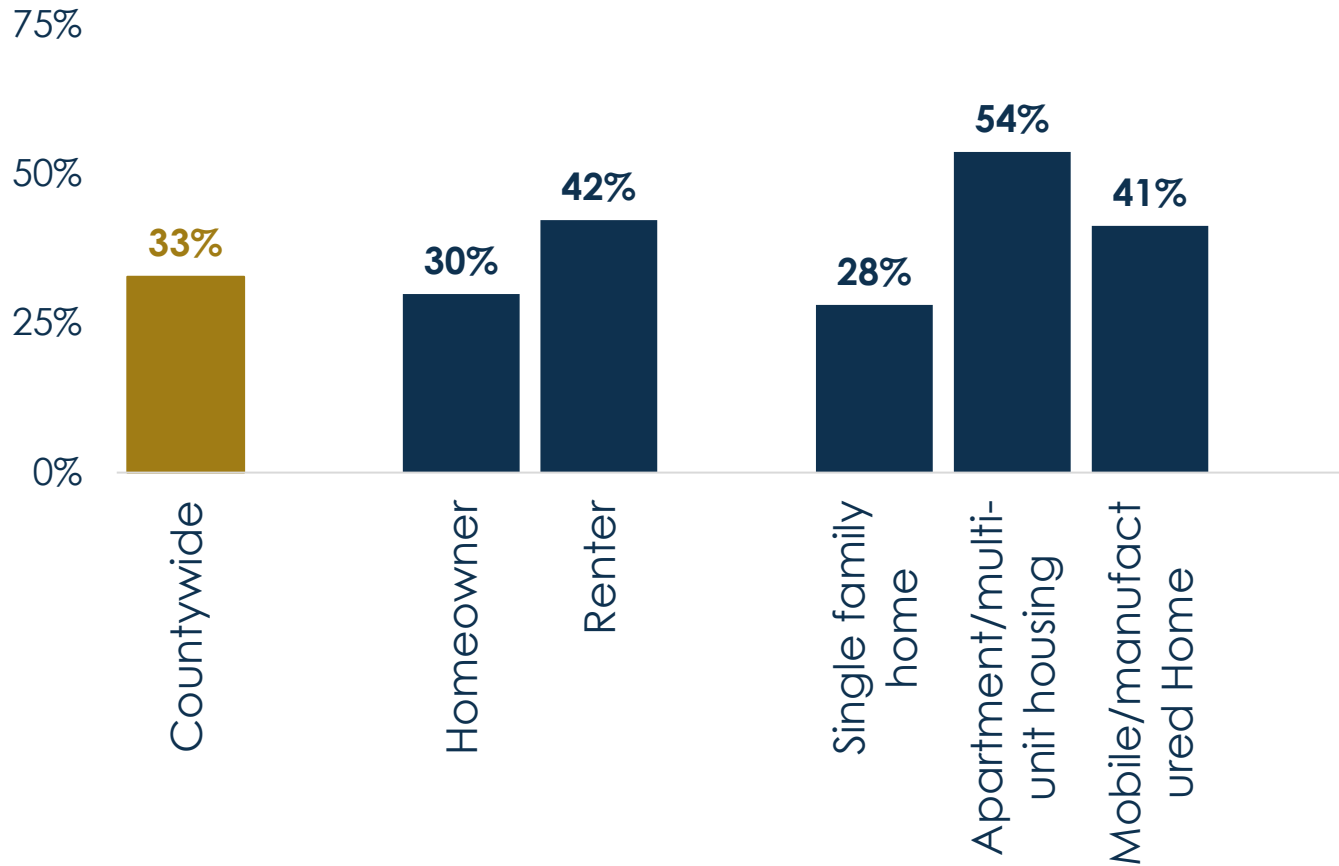
Housing & Health

Unstable Housing, Housing Cost Burden, Double-Up Housing

Over **2 in 5** residents were worried about paying rent or mortgage (**44.3%**)



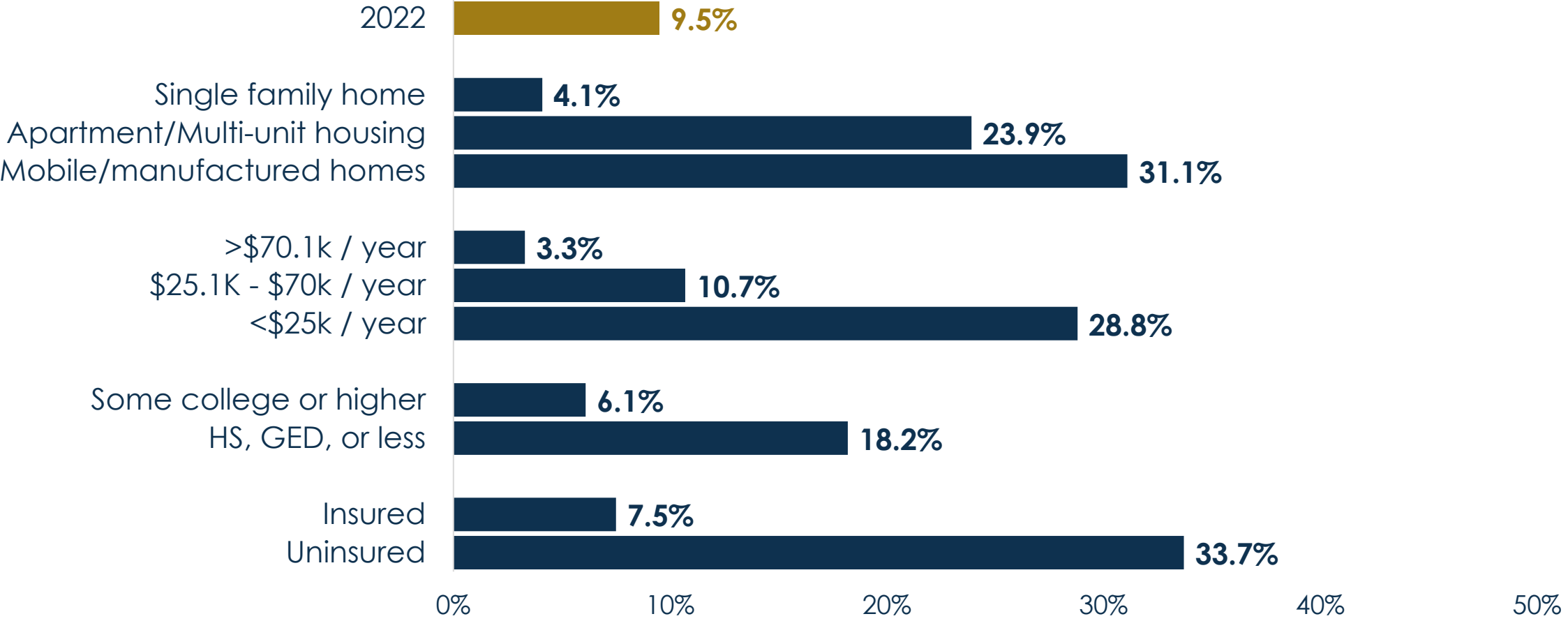
One-third of residents say they spend more than 30% of their income on mortgage or rent and utility payments



About **3 in 10** homeowners say they are housing cost burdened and **over 4 in 10** renters say they are housing cost burdened

A **higher proportion** of residents who live in multi-unit housing or manufactured homes report being housing cost burdened

Countywide, **9.5%** of residents (or **22,000** residents) reported they had an unstable housing situation





Next Steps & Future Survey Planning



Next Steps & Future Survey Planning

Key findings report

- Report will be available on our website

Online data dashboard

- Filter by topic, question, and see differences by demographic characteristics

Specific data requests? Let us know!

- Contact our team if you have a specific data need

Stay tuned: 2025 Weld County CHA Survey Workgroup

- Group will form in 2023



**SPECIAL REPORT:
Focus Group
Findings Preview**



- In partnership with Sunrise and North Range Behavioral Health, conducted by Colorado Health Institute
- Focus on **General Health Care Access** and **Behavioral Health Care Access**
- Intended to provide **additional context/community input** to survey findings
- **6** focus groups (4 in-person, 2 virtual)
- **31** out of 62 participated in Spanish



2022 CHA Focus Groups



Behavioral Health Care Access

Selected Focus Group Findings

Behavioral Health and Social Support

Having access to **social connections and resources** helps to support and maintain good mental/behavioral health.

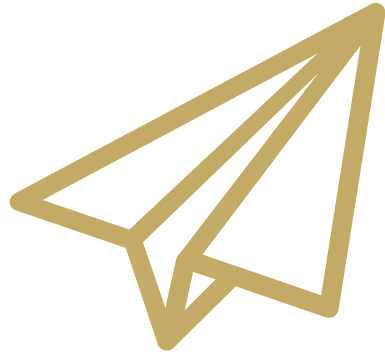


Cost, Affordability

Residents may not be aware of existing low-cost options for care.

“If you’re not on Medicaid, it’s almost impossible to get mental health care.”

Stigma and Lack of Information



Participants advocated for increased anti-stigma messaging campaigns.

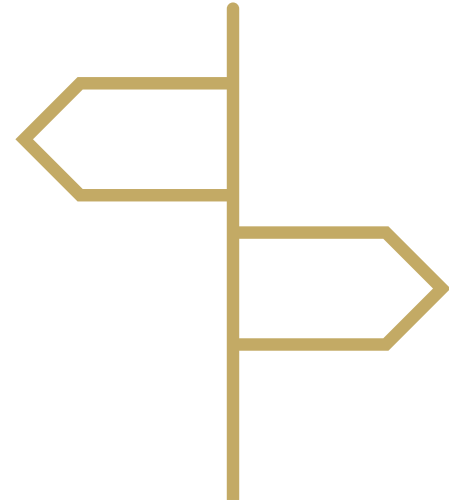


Health Care Access

Selected Focus Group Findings

Limited Options for Care

Dentistry, urology, gynecology, cardiology, and ophthalmology were mentioned as types of care most needed in Weld County.



Telehealth Services



Participants worried about being incorrectly diagnosed, not establishing a connection with their provider, and receiving lower quality care.

Priority Populations



Non-English-speaking residents and refugees were identified as groups needing more support in accessing general health care.



What questions do you have?

A scenic landscape featuring a calm lake in the foreground, reflecting the sky and surrounding trees. The middle ground is filled with trees in various stages of autumn, with leaves in shades of yellow, orange, and green. In the background, a range of mountains is visible, with several peaks covered in snow under a clear blue sky with light clouds. A large, prominent tree with bright yellow leaves stands on the right side of the lake.

Data Team Contact Information

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Thank you!