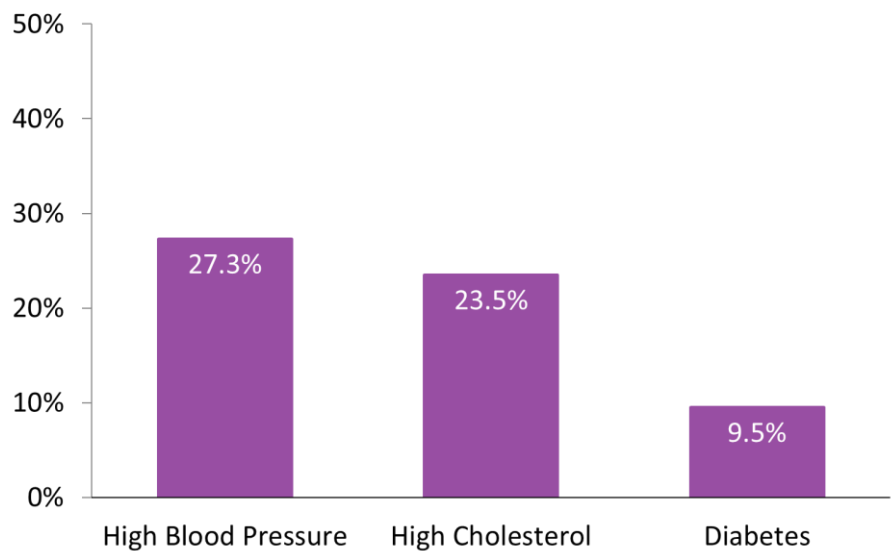


Diabetes, Blood Pressure & Cholesterol

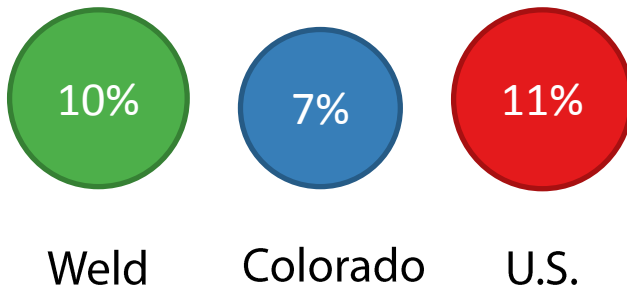
Key Findings

- High blood pressure increases risk for heart disease and stroke. Countywide, 27% of residents reported they had been told they had high blood pressure (the nationwide rate is 1 in 3 U.S. adults).
- Of those with high blood pressure, nearly $\frac{3}{4}$ were taking blood pressure medication.
- High cholesterol increases risk for heart disease, the leading cause of death in the United States. In the U.S., 36% of adults have high cholesterol; the self-reported rate among Weld County residents was 24%.

Self-Reported Conditions



Self-Reported Diabetes



- People with diabetes are at higher risk for blindness, kidney failure, heart disease, stroke, and loss of toes, feet or legs. Countywide, 10% of residents reported they had been told they had diabetes. This was higher than the statewide rate (7%) and similar to the nationwide rate (11%).

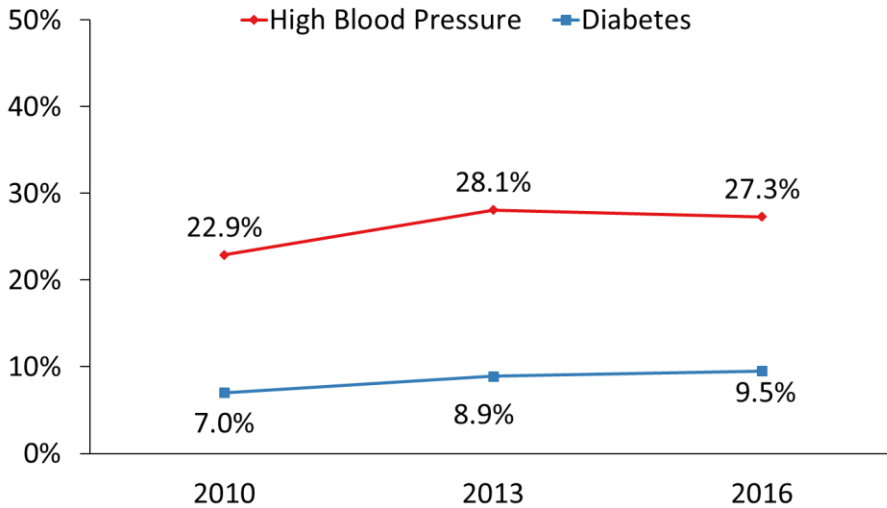
Questions?

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Weld County 2016 Community Health Survey

Key Findings

Self-Reported Conditions, 2010-2016*

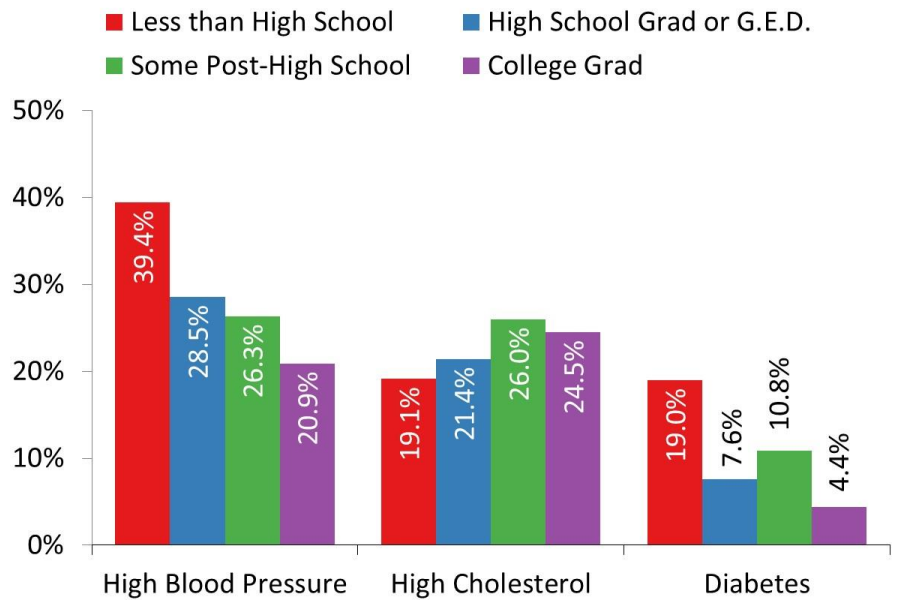


*Due to changes in weighting methodology, interpret comparisons before 2016 with caution.

- High blood pressure and diabetes have both increased since 2010. High blood pressure has increased from 23% in 2010 to 27% in 2016. Diabetes has increased from 7% in 2010 to 10% in 2016.
- High blood pressure and diabetes are more prevalent among Weld County residents with lower levels of education. The high blood pressure rate among residents with less than a high school degree is about double those among college graduates; the diabetes rate among residents with less than a high school degree is nearly four times that of college graduates.

- Diabetes was more prevalent among Hispanic residents. In 2016, the self-reported rate of diabetes among Hispanic residents was 13% compared to 8% among non-Hispanic residents.
- On the other hand, one in four residents with higher incomes (over 100% FPL*) have diagnosed high cholesterol, whereas only one in eight of residents with lower incomes (less than or equal to 100% FPL) have diagnosed high cholesterol.

Self-Reported Conditions by Education Level



*100% Federal Poverty Level (100% FPL) in 2015 was \$11,770 for single person, \$4,160 for each additional person, and \$24,250 for a family of four.

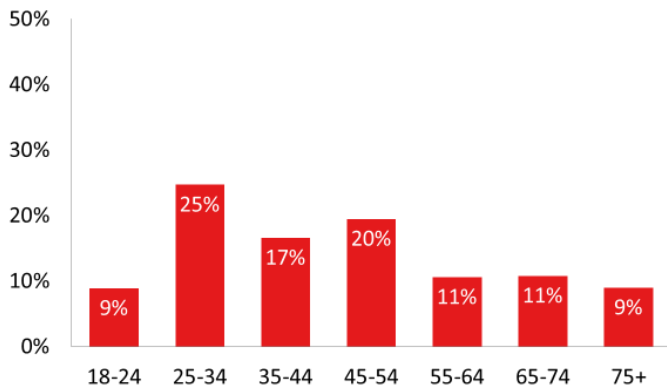


Weld County 2016 Community Health Survey

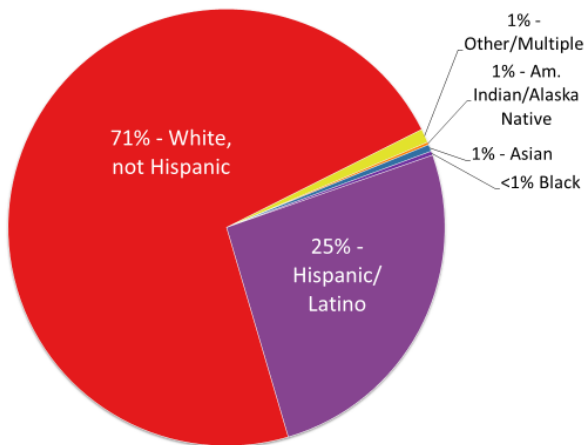
About the Survey

Description of Responders

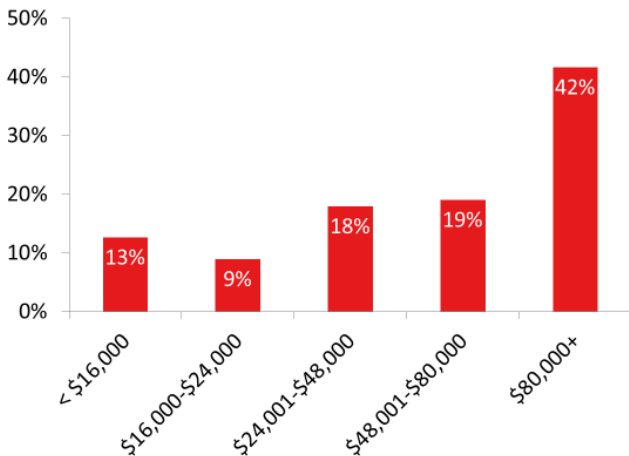
Age Groups



Race/Ethnicity



Household Income



The Survey Explained

- In order to periodically assess the health status of county residents, between September 6, 2016 and November 17, 2016, Weld County Department of Public Health & Environment contacted 8,494 households by mail requesting an adult to complete the 55-item survey or complete it online.
- Question topics included health, health care access and insurance, health conditions and lifestyle habits, preventive screenings, environmental issues, community concerns and needs, and demographics.
- Households were selected randomly by first dividing the mailing list into **four regions (see map below)** and two household types (single-family vs. multi-family). The list was certified by the post office but did not contain residents' names.
- After multiple contacts, 2,080 community residents returned usable surveys for a 25 percent response rate. The results are representative of the population within a ± 5.0 percent margin of error.
- To see the actual survey go to: www.weldhealth.org

